



ST ALBERT'S CATHOLIC SCHOOL LOXTON

NEWSLETTER

Term 2, Week 8
19 June, 2018

Important Dates



Monday, June 25

Transferred Catholic Athletics Day Adelaide.

Friday, June 29

Year 2/3 Assembly (2:40pm)
SRC Casual Clothes Day fundraiser

Sunday, July 1 @ 11am

Sacrament of First Holy Communion

Monday, July 2

NAIDOC Week

Tuesday, July 3 @ 7pm

Parents & Friends Meeting

Thursday, July 5

Semester One reports distributed.

Friday, July 6

Term 2 concludes at 2:10pm.

Saturday, July 21

St Albert's Spring Clean (10am - 12pm)

Monday, July 23

Term 3 commences

Friday, July 27

SRC assembly (Semester Two class leaders)



Learning to Lead at Camp Hedron

Leadership

Dear Parents / Caregivers and Friends of the St Albert's Community

On Monday, June 18 the Year 6/7 class headed to Camp Kedron at Barmera for a combined leadership experience. They joined with students from OLOR Berri and St Joseph's Barmera and participated in a Leadership Day run by Year 11 and 12 students from Marist College in Bendigo.

The day was centred on how we can be leaders, and the different types of leaders there are in the world. We learnt about how we can be leaders in everything we do, regardless of how good we might be at a particular thing. You don't need to be the best, to be the best leader. Students rotated through 4 stations in mixed school groups. The favourite station was where students formed a human obstacle course and you had to lead your blindfolded partner through the course without touching any other students. Another station saw us tangled in a rope and following verbal instructions, we had to untangle ourselves.

We had a great time with all of our friends from the other schools and celebrated with a sausage sizzle for lunch. To finish the afternoon, we played some run around games and climbed some trees while we waited for our bus. Some very excited students met Mr Czechowski when he picked us up, excited to share their highlights. Our thanks to Mr Abela, Principal of St Joseph's, Barmera for the invitation to join with his students for the leadership day.

Miss Leach.

Brett Czechowski
Principal

Our Lady of the River Parish



Parish Priest

Father Paul Bourke
Phone 0409 994 756

Riverland Priest

Father Cletus Mloka
Phone 0484 562 612

Office email

olor@bigpond.com

Pastoral Care Worker

Colleen Andrew
Phone 0428 412 867

OLOR Youth, Families and Young Adults

Facebook Group

www.facebook.com/groups/OLORYouth

LOXTON MASS TIMES, SUNDAYS

1st, 3rd & 5th Sundays – 11am
2nd & 4th Sundays – 6pm

LOXTON MASS TIMES, WEEKDAYS

10am Tuesday



Little Albee's Playgroup



Who: 0-5 year olds

ALL WELCOME!!

When: Tuesday mornings 9am – 11am
(during school terms)

Where: Playgroup room
(transportable at the end of the outdoor court)

Bring: A piece of fruit and hat

Cost: \$2.00 per child or \$4.00 a family per week

For more information:

Please contact the school
Phone 8584 5110

Chelsea Gutsche

Playgroup Coordinator

Leadership



Camp Hedron – St Joseph's Barmera, OLOR Berri and St Albert's students

2020

You may have intercepted the news that the State Government announced its intention to transition Year 7 into the secondary arena from 2020. This was originally part of an election promise, however the timing came as a surprise to many of us. Catholic Education South Australia is now meeting with key stakeholders to discuss the impact this will have on schools. In partnership with their respective school boards, country principals will be very much at the front of these conversations. It is too early to speculate on the impact (if any) it will have on St Albert's, however, we are advised that with this announcement comes a funding package to support all schools with the transition.

Planetarium & Latitude

Last Monday the Year 2/3 and 3/4/5 classes travelled to Adelaide on an excursion to the Planetarium and Latitude. At the Planetarium the kids got to travel into space, looking at the night's sky and getting to learn about different constellations, why Earth has different seasons and the wild weather found on different planets and moons within our Solar System. They then travelled to Latitude, a giant playground that allowed our students to climb, bounce and fly! Thanks to Mrs Cash and Mr Whitelaw for organising the excursion which connected so well to work on the Solar System students have been doing in the Australian Curriculum.

Pastoral Care

Hi everyone,

I hope you are well. The cold weather is setting in and there seems to be a lot of colds and flus around. Here are a few ideas to help avoid getting sick:

- * Wash your hands regularly with soap to avoid germs being spread for you and for others around you.
- * Get plenty of sleep. You need more sleep when you're feeling under the weather, so your body has a chance to fight any bugs and to help you recover.
- * Build up with healthy food. Eating plenty of fresh fruit and vegetables supports your immune system. And that's a lot easier than fighting off the flu.
- * Work out. Working out regularly enhances the immune function.
- * Stay away. Keep your distance from people displaying symptoms like sneezing and coughing.

If you already have a cold or flu, here are some ways to get better quicker:

- * Take some alone time. Stay home and take care of yourself. You'll recover quicker, as well as not spread the germs to others.
- * Watch your symptoms. If it goes from a simple sniffle to a raging sickness, it's best to contact your doctor.
- * Drink plenty of water. It's important to keep your body hydrated and help flush out germs.
- * Dispose of all used tissues. As soon as you have used a tissue throw it out and wash your hands, so that you don't carry any of the germs. If you keep using the same tissue, you may be furthering the cold.

Here is a drink recipe I use to help ward off colds and also help with recovery if I get a cold:

Remedy for colds and flus

2 tablespoons apple cider vinegar (with the 'mother')

A squeeze of fresh lemon juice

1 teaspoon of honey (optional)

Fill up glass with water and drink!

I hope this is helpful.

Stay warm and healthy!

Recess

Warm Milo – Free – orders not needed.

Served from Canteen.

I am at the school each Monday and available if anyone would like to have a chat.

Best wishes for a wonderful week

Erin Harrald

Pastoral Care Worker

erinh@stalbert.catholic.edu.au

Latitude



Year 2/3 and 3/4/5 classes enjoying their time at Latitude

Hutt Street Centre

In religion this term, the R/1 class has been focussing on the bible verse: *Love your neighbour as yourself* (Luke 10:27). We are learning about what it means to show love and encouraging children to notice others around them who are in need. Students have been learning about showing kindness every day and part of our action has been to raise money for Hutt St Centre, a homeless shelter in Adelaide. The R/1s, along with many students from other grades, have been creating cards to sell so that we can raise \$350 to feed 200 people breakfast and lunch at the shelter. Here is a small sample of the card images that will be for sale this week including a pop-up store in front of the old IGA building, East Terrace this Saturday, June 23 from 8:20am – 2pm. For a complete list of images, please visit our Facebook page.

Assembly Awards

Assembly Week 7

RECEPTION/YEAR 1 CLASS

Shelby Walker
Jarah Flavel
Lila Thiele
Lucy Williams
Oliver Formby

YEAR 2/3 CLASS

Tayte Philp
Tahlia Vowles
Lilybel Guidolin
Malachi Jaeschke
Alexis Williams

YEAR 3/4/5 CLASS

Will Lister-White
Ryder Montgomery
Billy Tsakarellos
Eira Dalzell
Abbey Hughes
Sarah Cameron
Reagan Seaman

YEAR 6/7 CLASS

Rogan Kennedy
Kiera Richardson

Congratulations

Save the date



This year's Auction With a Difference theme is Mexican!!!
Saturday, August 11 - from 7pm
at the Loxton Sporty Club.
Bookings and enquiries- 8584 5110



Hutt Street – sample card images...

