Friday 18th March is the **National Day of Action against Bullying and Violence**.

The National Day of Action provides a focus for schools and the wider school community to strengthen their everyday messages against bullying and violence.

There is a very informative website for parents and carers which provides information about bullying, harassment, discrimination and violence in schools. This can be found at: [http://www.bullyingnoway.gov.au/parents/index.html](http://www.bullyingnoway.gov.au/parents/index.html)

For parents with older children, the Office of the Children’s eSafety Commissioner is also a valuable resource. There is a very simple eSafety health check which is a great starting point for conversations with our young people. [https://www.esafety.gov.au/about-the-office/events/national-day-of-action-against-bullying-and-violence](https://www.esafety.gov.au/about-the-office/events/national-day-of-action-against-bullying-and-violence)

It’s well worth the look!