Dear Parent/s

Welcome to week two of the school year. Last week the children did extremely well to cope with the heat and it looks like this week will provide us with nicer weather.

By now everybody would have adjusted to the new starting and finishing times for the school day. Please remember, the classrooms do not open until 8:40 am and school finishes at 3:15pm.

**PARENT TEACHER INFORMATION EVENING**

Next week, on Tuesday 15th February, we have our Parent Information evening for all of the classes in the school, held in respective classrooms.

Once again this year, we have staggered the times so that you can attend these sessions for all of your children. At these meetings the teachers will go through their routines and structures and explain what is happening in your child’s classroom and learning experiences. It is important you make time to listen to what the teacher has to say.

Times are as follows:-
- 6:00 - R.1
- 6:30 - 2/3
- 7:00 - 4/5
- 7:30 - 6/7

**PARENTS AND FRIENDS**

Just a reminder that there is a Parents and Friends meeting this Friday 11th February in the Resource Centre. The meeting commences at 9:00am and all parents who are interested in what is happening around the school should try and attend.

**FAMILY FUN DAY – LOXTON POOL**

On Sunday we are having our Family Fun Day as advertised in last week’s newsletter and a flyer went out to all children last Thursday. This is an opportunity for you to meet new parents and share in a meal and swim with others.
The day will commence at 4:00 pm with a bbq tea at 6:00 pm. All you need to do is BYO salad and drinks. The school will provide the meat, cutlery and plates.

Can you please fill in the tear off form at the back of the newsletter to let us know if you are attending for catering purposes.

HEALTHY FOOD

Last week I spoke about the importance of the children having healthy brain food at 10am each day. Well done to those parents who are providing their children with healthy options.

Breakfast is another area I would like to stress the importance of. The following are key reasons why breakfast should be made a priority for every child:

**Breakfast equals better behavior**

Children who skip breakfast are more tired, irritable, or restless by late morning. These symptoms lead to aggressive behavior that causes children to get in trouble in school. Children who regularly eat a morning meal have more energy, are less likely to exhibit aggressive behavior, and have a better attitude toward school.

**Breakfast leads to higher test scores**

A study published in 1998 in the *Archives of Pediatrics and Adolescent Medicine* showed significantly higher math test scores after children ate breakfast. This and other research has clearly shown that children who consistently eat breakfast test higher in most academic areas.

**Eating breakfast led to better class attendance**

Children who eat breakfast are absent from school fewer days. They also spend less time in the nurse's office complaining of stomach pains. Ironic as it may be, children who claim they don’t eat breakfast due to a lack of time in the morning are tardy more often than those who take time for a morning meal.

More nutritious intake by eating breakfast
Breakfast eaters generally meet vitamin and mineral requirements for prevention of deficiencies. They consume more fiber, vitamin C, calcium and folic acid. Unfortunately, children who miss breakfast do not make up for lost nutrients later in the day.

Eating breakfast helps weight control
Eating breakfast helps to establish a normal eating pattern. Eating regular meals and snacks is a key to maintaining a healthy weight throughout life. Increasing childhood obesity is in part attributed to the disappearance of normal eating patterns in many of today's households.

Have a fantastic week
Jason Mittiga
Principal

Birthdays.....

FEBRUARY 2011

11th – Brianna Munchenberg -13
12th – Laura Alm - 7
19th – Mia Fitzpatrick - 10
25th – Tiarna Inglis – 8
26th – Jesse May - 11
28th – Kaitlin Francis – 6

Uniform Shop.......

Please note the uniform day is changed from Thursday to Friday afternoon 2pm – 3pm.

Regards
Jenny Hicks
Uniform Shop Manager - T: 85845898
Music.....

FACE THE MUSIC FESTIVAL 2011

Our two school bands, 9 Volt and 8 Ball will be performing at 2:30 (9 Volt) and 6:30pm (8 Ball) on the main stage at the Loxton Club on Saturday February 19th. Come along and support our bands. It is a fantastic family atmosphere and the children would really appreciate the support of school families in the audience.

The Festival is from 1:30 pm until late.

Free entry!!

Sponsored by:
THE MUSIC SHOP
(Adrian Winter)
Bookpurnong Road, Loxton
(across the road from Mitre 10)
LOXTON NORTH STUDIOS
(Ben Petch)
and
MAGIC 93.1 FM RADIO

Canteen......

VALENTINE'S DAY!!!!
Decorated cup cakes (50 cents each) will be available at recess time on Monday 14th February.
Please order on the form with this newsletter.

Special this term:
Banana Milk (in place of Iced Coffee). Same price as Nippys large strawberry or chocolate milk drinks.

CANTEEN ROSTER (Family name)
 Helpers required 10:15 am until 1:15pm.
February 11th – Alm
February 18th – Burdon
February 25th –

Years 4-7 students may purchase snack items, ice creams and drinks ‘over the counter’ until 1:30pm Mondays and Fridays.
Remember to put an ‘L’ or ‘R’ beside food ordered for recess or lunch.

Kind Regards,
Julie Graetz

Playgroup.....

Little Albees
Playgroup
Every Thursday
from 9am-10:30am
At St Alberts school.
Playgroup is open to all public
with children ages Birth – 5yrs.

Each week will include story time, singing, fruit time, activities and free play.
We even have a couple of excursions organised this term; one to the swimming pool and another to meet some cuddly and interesting animals.
'Feet and Toes' is the theme for our first session, so put your best feet on and join us this Thursday morning.
We would love you and your child/children to be a part of Little Albees.

Claire Dalzell
Playgroup Coordinator.
The staff and students at St. Albert's are very keen to get the L.A.P. (Learning Assistance Program) up and running for 2011. For this to occur of course, we need volunteers to graciously be willing to give up around half an hour of their time each week. If you are able to help out or know of anyone who would be keen to work with a student through our LAP program, please let me know as soon as possible via the return notice in this newsletter or leave a message at the school office.

What is the LAP program?

Volunteers, in partnership with teaching staff, work with students one-to-one, in a regular session each week. This individual time creates more learning situations where students can experience success and support their achievement at school. The volunteer plays a large role in the development of the individual becoming a friend and mentor to support and encourage a positive learning environment and foster the development of the student's self esteem and confidence.

The success of the program is based on five simple principles: These are that LAP:-

1. Is one-to-one
2. Is about relationships
3. Builds confidence and self esteem
4. Takes a creative approach to learning
5. Promotes parent and community participation in schools.

The LAP program creates the space and the time within a busy classroom for volunteers to work together to support individual students with diverse abilities, needs, personalities and learning styles.

Students benefit from LAP because they enjoy –
- The extra time with, and support of a volunteer,
- Sharing interests, tasks and activities,
- Having someone to talk with and listen to; and
- Working on special projects.

In LAP, students take responsibility for their learning, their active participation in the program and their regular attendance and are eager each week for their sessions.

Please return the form below if you would like to be involved in the LAP program as a volunteer.

Reanna Arthur
LAP Coordinator 2011.

RETURN NOTICE – LAP PROGRAM

I (name)………………………………………………………..
would be willing to assist a student through the LAP program at St. Albert's Catholic School.

The day/s and time/s that would suit me most each week are:

(day/s)………………………………………………………….
(time/s)…………………………………………………………

Please provide details if you have a preferred area of interest, eg. reading/writing/spelling/craft/gardening/art/science/sport/drama/computing/the environment, etc.

Day time contact phone number …………………

*Please note – Volunteers will be required to have a current Police Clearance to work with students as a volunteer. These can be arranged through the School free of charge.
Parents and Friends……..

First Parents and Friends Meeting for 2011
Next Friday, 11th February
9:00am
In the Resource Centre

Items on the agenda so far….

✓ Our fundraising events for 2011!
✓ Sickroom Recliner Chair
✓ Sports day BBQ
✓ Parent Class Representatives
✓ Healthy Screen Time recommendations for children

Please email me if you would like to ADD something to the agenda, prior to Wednesday 9th February

SEE YOU THERE!

SPORTS DAY BBQ

CALLING ALL DADS!!
And mums too, if you like!
We will be looking for volunteers to cook our sports day BBQ on Friday April 8th. We’ll also need a few people to take money and serve etc. We were slightly inundated last year and need more than what we had, so please let me know via email or the return slip.

No-one cooks a snag like a Dad!

Administration……..

Return of forms required…….
1. Permission to Photograph
2. Aquatics
3. Permission to travel on School bus.
4. Payment Plan
5. Internet Agreement
6. Emergency Form (see note below)

It is urgent that all Emergency Forms are returned this week!
If you have noted on your emergency form that your child/ren require medication, eg. for asthma, bee stings, etc. a current supply must be provided to the school.
Also if you have noted your child suffers from asthma, an Asthma Management Plan must be provided to the school.

CARS

Please note that there is ‘no standing’ between the signs on Geraldton Street on the school side of the street. For the safety of our children, and to abide by the law - please do not park there between 3:15pm and 4:00 pm school days!

We also request that no car is parked across residents’ driveways or close to driveways restricting a resident’s entry to their property.

Community Notices

DISCO

Friday 11th February
Loxton Community Theatre
7:00 pm – 10:00 pm.
For Primary School Students
Years 3 – 7.
$5 including entry, drink and chips.
Mardi Gras Fundraiser for Junior Ambassadors.

FAMILY DAY

AT THE LOXTON POOL
SUNDAY FEBRUARY 13TH
FROM 4:00PM
BBQ TEA AT 6PM
All meat provided free of charge.
BYO DRINKS and BYO SALAD.
Please indicate on the form provided if you will be staying for tea, for meat order.

Lily Hansen
P & F President
Community Notices

LOXTON JUNIOR FOOTBALL CLUB
U11, U13 and U15
Player Registration and Meet the Coaches
U11  Jarrod Loxton
U 13    Kelvin lehmann
U15  Tim Durling

At the Loxton Oval
Thursday 24th February, 2011
First Training - 4:30 pm – 5:30 pm.
Followed by AGM
New Committee Members welcome –
a great opportunity to become involved.
Enquiries/apologies to
Michael Zdanowicz 85845741.

WOODLEIGH
Loxton District Childrens centre Inc.
Tobruk terrace
Child Care
Monday – Friday - 7:30am – 6:00 pm.
Licensed for 80 children.
Possums room – 6 weeks to 2 years
Kangaroo’s room – 2 years –to 3 years
Kookaburra’s room – 3 years to 5 years
Professional care provided by qualified educators.

Vacancies in all rooms
Contact Jo Mitchell 85846501 any time.
Lower income families ($38763) can pay as little
as $11.25 a day.
Note: this includes the child care tax rebate.

LOXTON Netball Club
Registration
Monday, February 14 - at 6pm
followed by training at 6.30pm
for juniors and seniors
Payment for uniforms will be required
Final orders will be taken.
Enquiries phone 8584 6509, 8584 5634
Kate Kroemer

Country Arts SA Flood Appeal Showcase
FLOOD APPEAL CONCERT
Sunday February 13th – 2pm.
$15 a ticket.
Chaffey Theatre
9 acts – 20 talented local performers.
All money will go to The Salvation Army
Flood Appeal.

Return Notice –
Parents & Friends……..

SPORTS DAY BBQ
(I am/We are) able to help on Sports Day
(Friday 8th April):
☐ Cooking BBQ  Name…………………………...
☐ Take money  Name…………………………...
☐ Serve  Name…………………………...

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CANTEEN RETURN FORM
VALENTINE’S DAY
DECORATED CUP CAKES - 50 cents each!
Class................Name.................................
Number of cakes required ....................
Amount enclosed: $.........................

Please have this form back to the school
office by this Friday February 11th.
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FAMILY DAY - FEBRUARY 13th -
LOXTON POOL
4PM ONWARDS – BBQ 6PM
☐ Our family will be attending the BBQ:
...............Adults
...............Children
☐ Our family is not be able to attend on this
occasion.
Family Name.............................................